

# English Care READING TEST

This is a reading test. There are two parts to this test. (35 Minutes)

## PART I

*Directions:*

Questions 1 – 30 test your grammar knowledge. Each sentence has a gap in it. There are four choices of words or phrases to fill that gap. Read the sentence and choose the best answer from the choices. Do not forget to write your answer on the answer sheet.

Example

Please turn off your computer at the ----- of the day.

- (A) ends
- (B) ending
- (C) end
- (D) ended

**Sample Answer**

- ① ② **③** ④

The correct answer is, "Please turn off your computer at the end of the day". The correct choice is (C).

- |   |  |
|---|--|
| 1. Sometimes health professionals do not give patients instructions on how to ----- medical equipment.<br>(A) using<br>(B) users<br>(C) use<br>(D) useful | 4. Old wives' tales ----- common in many cultures.<br>(A) are<br>(B) will<br>(C) was<br>(D) is   |
| 2. People say that we should stretch before we -----.<br>(A) exercise<br>(B) exercising<br>(C) exerciser<br>(D) exercised                                 | 5. When Abigail wrote, ----- fingers became white because of the effort to hold the pencil.<br>(A) hers<br>(B) herself<br>(C) her<br>(D) she |
| 3. John looked a bit ----- for the wear.<br>(A) bad<br>(B) worst<br>(C) not good<br>(D) worse   | 6. Hospitals are supposed to be ----- sick people.<br>(A) for<br>(B) to<br>(C) by<br>(D) between   |

7. Callum ----- been working all day.  
(A) had  
(B) will  
(C) who will  
(D) who
8. You can tell if an unborn baby is a boy or a girl by ----- listening to its heartbeat.  
(A) will listen  
(B) to listen  
(C) listen  
(D) listening
9. Mathew knew of Callum's problems ----- could advise him well.  
(A) and  
(B) but  
(C) then  
(D) how
10. Charlotte wasn't ----- in Chloe's problem.  
(A) interestedly  
(B) interesting  
(C) interestingly  
(D) interested
11. In ----- beginning of her studies, Hannah was very awkward.  
(A) a  
(B) those  
(C) her  
(D) the
12. Chloe ----- many text messages everyday.  
(A) writing  
(B) writes  
(C) written  
(D) will writing
13. Stephen did not look happy, and Ralph asked -----.  
(A) how  
(B) why  
(C) about  
(D) reason
14. The health care professional will talk about how families can take better care of ----- elderly folk.  
(A) they're  
(B) them  
(C) their  
(D) there
15. Charlotte didn't want to carry around a laptop ----- a keyboard.  
(A) or  
(B) nor  
(C) though  
(D) although
16. When people are sick, we need to take them ----- the hospital.  
(A) to  
(B) by  
(C) in  
(D) from
17. regnant women need ----- after their teeth even more.  
(A) looked  
(B) look  
(C) looking  
(D) to look
18. People used to believe that if they gave toddlers shoes, those children would learn to walk -----.  
(A) more quick  
(B) quick  
(C) most quick  
(D) quicker
19. Micorbreaks are rests ----- work that last under a minute.  
(A) to  
(B) away  
(C) from  
(D) by
20. Using a walking stick is just ----- sense.  
(A) common  
(B) easy  
(C) every  
(D) ordinary

21. Callum had worked for six hours ----- at his computer.

- (A) direct
- (B) straight
- (C) nearly
- (D) correct

22. BlackBerry is a company ----- makes mobile phones and other small machines.

- (A) what
- (B) where
- (C) they
- (D) that

23. Beth realised that ----- her daughter had trouble with writing, her daughter's school life would be very tough.

- (A) why
- (B) although
- (C) though
- (D) if

24. You can tell if an unborn baby is a boy or a girl by ----- to its heartbeat.

- (A) listening
- (B) listen
- (C) to listen
- (D) listened

25. Many people sit in front of computer screens for hours ----- day.

- (A) every
- (B) many
- (C) most
- (D) mostly

26. If you ----- your house when your hair is wet, you might catch a cold.

- (A) leave
- (B) enter
- (C) come
- (D) go

27. It is important to ----- glare from the computer monitor.

- (A) recover
- (B) increase
- (C) reduce
- (D) import

28. Callum was paid ----- the hour.

- (A) with
- (B) off
- (C) since
- (D) by

29. Jack dropped a ----- pot on his foot, but luckily, his toes were not broken.

- (A) heavier
- (B) heavily
- (C) heavy
- (D) heaviest

30. If you exercise a lot in June, you will get injured more ----- in July.

- (A) easy
- (B) easier
- (C) easily
- (D) easiest

## PART II

*Directions:*

Questions 31 – 50 test your understanding of a reading text. There are four choices of answers. Read the text and choose the best answer from the choices. Do not forget to write your answer on the answer sheet.

Example

Notice  
Cafeteria Closed  
Will reopen Monday, June 5

What will happen on June 5?

- (A) The workers will take a day off.
- (B) The cafeteria will open.
- (C) The prices will go down.
- (D) The school will close.

**Sample Answer**

- ① ② ③ ④

The notice says that the cafeteria is closed and will open again on June 5. The correct choice is (B).

### Questions 31-33

Read this text.

Chloe and Charlotte were having lunch in the university cafeteria. Chloe wanted to ask Charlotte about their studies, but Charlotte was busy on her mobile phone.

“Stop that, will you?” asked Chloe. “Friends should talk when they are together, not play with their phones.”

“Wait a minute, Chloe. I’m just finishing this text message,” replied Charlotte. Then Charlotte cried out, “Ouch!”

“What’s wrong?” asked Chloe.

“It’s my thumb. It hurts,” said Charlotte.

Chloe said, “You may have BlackBerry Thumb.”

31. Why couldn’t Charlotte talk with Chloe immediately?

- (A) because she was studying
- (B) because her thumb was sore
- (C) because she was using her phone
- (D) because she had BlackBerry Thumb

33. Why did Charlotte cry out “Ouch”?

- (A) because she was using her mobile phone
- (B) because her finger was sore
- (C) because Chloe hit her for being rude
- (D) because she had BlackBerry Thumb

32. What does Chloe think about using mobile phones when users are with friends?

- (A) it is okay
- (B) it is bad manners
- (C) it is okay if you ask
- (D) it is bad manners unless you ask

### Questions 34-36

Read this text.

Stephen met Ralph at a coffee shop, but Stephen did not look happy. When Ralph asked about it, Stephen said that he went running yesterday. He hurt his knee while running. Stephen had runner's knee.

Ralph laughed. He said that he had tennis elbow. Stephen looked angry. "Why are you laughing?" he asked Ralph.

"I'm laughing because you have runner's knee. I have tennis elbow. My friend, Fred, has golfer's elbow. All of our injuries are sports." Ralph said.

34. What had Stephen done the day before?

- (A) he had gone running
- (B) he had runner's knee
- (C) he had injured his elbow
- (D) he had looked unhappy

36. What does Ralph find funny?

- (A) Stephen has runner's knee
- (B) Ralph has tennis elbow
- (C) Fred has golfer's elbow
- (D) all of the problems are named after sports

35. Who had physical problems?

- (A) Fred and Stephen
- (B) Fred and Ralph
- (C) Ralph and Stephen
- (D) all three men

**Questions 37-40**

Read this text.

Common in many cultures, old wives' tales passed on basic information about health in the past before people could read or write. The facts, though, are not always accurate.

In the past, people used to think that if they gave children shoes, children's walking abilities would develop faster. This is another example of "an old wives' tale". In fact, walking barefoot helps toddlers develop the right muscles for walking better.

37. Why are old wives' tales so common?

- (A) they were interesting
- (B) they were true
- (C) they helped to spread information
- (D) people couldn't read well

38. Were the tales correct?

- (A) no
- (B) yes
- (C) sometimes no, but usually yes
- (D) sometimes yes, but usually no

39. Does giving children shoes early help them to walk quicker?

- (A) no
- (B) yes
- (C) sometimes no, but usually yes
- (D) sometimes yes, but usually no

40. What helps children more?

- (A) developing muscles
- (B) walking quicker
- (C) walking without shoes
- (D) walking better

### Questions 41-44

Read this text.

Aidan dropped a large pot onto my right foot. Luckily, he did not break his toes, but they were badly bruised. He borrowed a walking stick from the clinic, but the doctor and nurse did not give me any instructions on how to use it. He thought that using a walking stick would be common sense, would need no training at all.

However, after a few minutes, Aidan realised that there were many possible ways of holding the stick. There are three questions to think about: what is the correct stick size; how is the stick held in the hand; and in which hand is the stick held?

41. How was Aidan's foot after the accident?

- (A) his toes were broken
- (B) his toes were black and blue
- (C) his foot was broken
- (D) his foot was black and blue

42. What did the hospital staff fail to do?

- (A) tell Aidan how to use the walking stick
- (B) give Aidan a walking stick
- (C) borrow a walking stick
- (D) ask for instructions on how to use a walking stick

43. Before using the walking stick, how easy did Aidan think using it would be?

- (A) very easy
- (B) not so easy
- (C) quite difficult
- (D) difficult

44. Which of these is not a question from the passage?

- (A) Should we use our strong or our weak hand?
- (B) How heavy should the stick be?
- (C) Which part of the hand should hold the stick?
- (D) How long should the stick be?

## Questions 45-50

Read this text.

Health care professionals look after only about 20% of the care needed for the elderly. The rest is done by relatives. A lot of health care is helping the elderly with Activities of Daily Living, and very often family members need extra help from health care professionals. Professionals can help society in many ways.

They can give talks to the general public on issues relating to the care for the elderly. Therapists can introduce specialised tools for eating that the elderly can hold more easily. They can show exercises the elderly can do to maintain their strength and mobility as they grow older and even explain interesting ways of keeping the minds of the elderly active.

Because many countries will get ageing populations, the role of the health care worker in the community will become more important.

45. What percent of health care for the elderly done by families?

- (A) 20%
- (B) 40%
- (C) 60%
- (D) 80%

46. What does the general public need from professionals?

- (A) 20% more help
- (B) bathing and feeding
- (C) more time to care for their family
- (D) advice on how best to look after the elderly

47. How can professionals help the elderly?

- (A) by making ADLs
- (B) by giving public talks
- (C) by talking to each other about general issues
- (D) by becoming more important

48. Which of these is not mentioned in the passage?

- (A) therapists can help families
- (B) how much of health care is done by families
- (C) types of jobs OT/PT professionals perform
- (D) examples of how professionals can help

49. What will become more important?

- (A) the ageing society
- (B) the role of health care workers in society
- (C) family members giving help to health care workers
- (D) therapists showing ADLs

50. What is the best title for the passage?

- (A) Become an Health Care Professional
- (B) Health Care Professionals Look After 20% of Health Care
- (C) How Health Care Professionals Can Help Society
- (D) Ageing Populations